NOTIFICATION

Notification to: Office of Special Nutritionals (HFS-450)

Center for Food Safety and Applied Nutrition,

Food and Drug Administration

200 C St SW

Washington, DC 20204

From:

Mount Spring International Corp.

403 West 51 Street, Suite 5 New York, NY 10019

Telephone: (212) 956-4608, Fax (212) 977-3672, e-mail dzhang@mtspring.com

Contact: Daqun Zhang, Ph.D., President.

Date:

April 9, 1999

1 The name and address of the company of the dietary supplement that bears the statement:

Mount Spring International Corp. 403 West 51 Street, Suite 5 New York, NY 10019

2. The text of the statement

"Clinically proved save & effective nutrient supporting breast health & comfortof women & men"

"Nature's EssenceTM Breast Health supports breast health & comfort of women and men, via beneficial effects on the liver, the reproductive system, and by improving the blood circulation, reducing stress and frustration."

3 List of ingredients of the dietary supplement Mature's EssenceTM Breast Health

English Name

Latin Name

Dang gui

Radix angelicae sinensis

Astragalus

Radix astragali

Tangle

Thallus laminariae

Peione rhizome

Pseudobulbus cremastrae seu pliones

Pyrola

Herba pyrolae

Epimedium

Herba epimedii

bupleurum

Radix bupleuri

The name and brand name of the dietary supplement on whose label the 4. statement appears

The name:

Breast Health

Brand name: Mature's EssenceTM

Signature and Certification of the accuracy **5.**

This notice is signed by:

Signature:

Name printed and title: Daqun Zhang, Ph.D., President

Certification

I, the undersigned, certify that the information contained in the notice is complete and accurate.

Name printed and title: Daqun Zhang, Ph.D., President